First I Was Afraid…

Amy Archambault, Ingrid Burrington, Molly Dilworth, Sandra Erbacher, Will Gill, Susanna Hertrich, Damien Hoar de Galvan, Steve Locke, Nicole Maloof, Lauren McCarthy, and Tabitha Soren

Curated by Liz Blum

September 17 – November 19, 2017
Opening reception: Sunday, September 17, 2:00–5:00 p.m.
First I Was Afraid… began in recognition of the fact that unease and instability are on the rise around the globe. Those words are descriptors of abstract political or social conditions. What was more interesting to me was the personal reaction of individual people to those conditions. The artists of the present show are all deeply concerned with precisely that issue—broadly speaking, they are focused on personal responses to a variety of public and private anxieties and fears.

Though we all agree that fear and anxiety are disturbing and unsettling, no consensus exists as to exactly what prompts those feelings nor how we react to them. The present exhibition seeks to address what living in an age of anxiety means; what it means to live in a time in which expectations are routinely dashed and predictability becomes illusory. The eleven artists selected for this show explore these issues in a range of media and forms. They position us in the present; they play toward a distinct recollection and memory from the past; they warn us of the future ahead. The works assembled here highlight aspects of inner paranoia and anxiety as well as examining external influences that seem to nurture and exacerbate our feeling of instability. As these artists negotiate the uncomfortable areas that make up the dread in our lives, their artistic vision, insight, and imagination help us to feel less alone.

Certain situations cause us to internalize emotions such as dread and anxiety, and experiencing those emotions often results in their becoming amplified. Not only are our emotions responsive to our own experiences, but also sensitive to observing those of others. The photographs comprising Tabitha Soren’s series Running (2012) capture the uncertainty of chaos and vulnerability. We see figures in full run perhaps from being chased, or fleeing a disaster. Their fear is evident but its causes are unknown. The reason for their flight is beyond the frame and though these are staged scenarios by Soren, the images conjure a strange mix of believability and theater, as in a dream.

Fear is a powerful motivator and guides the choices and decisions we make. It can push us to take risks or maintain a safe distance in the service of self-preservation. Often, the severity of the fear we feel is not commensurate with the actual reality of the risk to our well-being. Berlin artist Susanna Hertrich’s RISK I–III (2010–2011) identifies this uncertainty through her research on sensory perception, comparing popular risk perception to actual hazards. Presenting her findings as data in the form of risk-assessment graphs and creating them as traditional educational wall charts, each poster confronts a series of risks (terrorist attacks, plane crash, car accident, cancer, etc) as they are perceived by the public with the actual threat they represent. Although more people die in the U.S. each year from car accidents than have perished cumulatively from terrorism, plane crashes, Ebola, and AIDS combined, most people are completely blasé about getting in a car.

Balancing the impact of personal demise and grander dystopian predictions by our media culture might feel like navigating in the anxious space between hope and fear. New England artist Amy Archambault presents work that manifests itself in the transformation of objects and spaces that are
often void of human intervention. Conjuring survivalist tactics as a way to live through disasters or catastrophic events such as creating pop-up shelters for protection or re-fashioning everyday materials as tools, Archambault generates spaces that aid comfort and contemplation. You Can Survive, (2017) is inspired by personal memories of childhood play, a fascination with curiosity, and a way to confront her fears; pages from her “survival” notebook and improvised backpack give comfort in providing ways to circumvent notions of externalized extinction and put into action a means to be the last one standing.

A vision of extinction for our species and our planet is a popular topic in fictional and nonfictional literature, theater, and film (not to mention its prominence in canonical texts of at least three major religions). For Canadian artist Will Gill, his video No Man’s Land (2014), projects a dreamscape of non-linear narrative vignettes as a backdrop for a fictional character who exists in a barren arctic landscape. Through research while attending a residency in Norway, Gill discovered that it is forbidden to die in the town of Longyearbyen, Norway, because permafrost makes burials impossible. Based on that unusual decree, Gill conjures a different kind of isolation where his young character—through imagination and dreams—passes through life and reintegrates poetically back into the landscape where he was born and grew up.

Flags stand as emblems for countries and destinations; they signal hazards, and mark victories. We can all picture the lone survivor on a deserted island frantically waving a flag to a passing ship or plane in the hope of being rescued, but for artist Molly Dilworth, flags have political implications. Her recycled sails in Flag State/Red 8 & 9 (2014) are formal abstractions—red rectangles of hand-sewn cloth that vary in their construction by way of internal sections of shape and pattern. They serve as a way to educate and create activism as a means to oppose corporate power and commercial entities that exert questionable practices towards their workers. The flags also serve as a beacon for hope and recognition to those unrepresented labor forces who are scared and frustrated.

Dilworth writes, “These handmade flags might not change anything, but they’re made in the spirit of shaking a skinny fist at the sky in rage, and ideally I may not be able to fix anything but I can channel my anxiety into sewing [thousands of feet, over many years] these things that go out in the world and generate conversation [usually one-on-one] about our complicated present moment.”

We are all discomfited by the ubiquity of surveillance in the modern world—traffic cameras spy on us when we drive, security cameras when we shop, and omnipresent CCTVs when we just go about our daily routine. Privacy seems a thing of the past—our personal lives play out in the public domain. Examining the relationship between attention and
surveillance is the basis of artist Lauren McCarthy’s app, Follower (2016). McCarthy allows a user to summon a real-life follower for the day. The fear of being followed is turned into a deliberate embrace of being watched—paranoia replaced by attention-getting. Does “hiring” a follower for the day and having one’s every move witnessed provide proof of one’s existence? Does the experience change fear of being watched into a desire for the same, asks McCarthy?

Technology has created the desire to be constantly connected to our personal devices. We keep updated via social media platforms, we obsessively check our phones for the latest trends and the latest news. This behavior has been noted and codified with the acronym FOMO: “fear of missing out.” Understood as a mental health syndrome, FOMO is characterized as apprehension or ‘social angst’ from knowing that others are having productive and fruitful experiences away from one’s self. Though artist, writer and researcher Ingrid Burrington’s The Center For Missed Connections (2009–2011) predates FOMO, her work chronicles the idea of missed opportunity and dislocation. It began as an overzealous study of Craigslist Missed Connections section, ads for the lonely, hopeful and romantic. It ended with Burrington asking, “What’s the loneliest place in any given city, and how can I measure it?” Center For Missed Connections presents statistics identifying where the most missed connections happen in any given city in graphic data, maps and workbooks. While Craigslist serves as a way to connect people, Burrington’s focus is on the bad timing, missed romance, and lost opportunities that keep us apart. Similar to our reactions to McCarthy’s Follower, we feel a sense of empathy towards the subjects, and wonder if FOMO applies to them.

An extreme fear or aversion to something is usually defined as a phobia. Phobias can be debilitating and have life-altering outcomes. The term “atychiphobia” is fear of failure; lacking the confidence or not believing in the ability to do something because of the likelihood of failing. We each have different definitions of failure based on our own individual, personal attitudes, goals, ambitions, beliefs, and values. Artist Sandra Erbacher looks at failure in the office or workplace environment. Rather than focusing on an employee’s actions or level of competence as a source of failure, she instead examines the institutional environment itself and shifts the locus from the worker to the tools and objects they use. Both Fan (Concrete Poetry), (2014), and Ctrl + Alt + Del (2015) are common items found in most offices but here they are transformed into objects failing to perform their task. Filled with poured concrete, Fan cannot circulate air and the blank keyboard Ctrl + Alt + Del cannot provide a means to create text. Erbacher calls this “material failure” showing the “inadequacy of the object or image to reveal its history and former or indeed current function.”

Feeling fearful or being in a constant state of dread can...
events have seemingly shifted the world towards a more precarious future path, the artists of First I Was Afraid... highlight aspects of anxiety, fear and dread from a more personal perspective. While the works delve into common and familiar themes of paranoia, the artists here address more abstracted impressions of emotional distress. Rather than representing “fear” by visualizing its most literal depiction, these artists make tangible their feelings through multifaceted thoughts with the hope that the more we investigate fear, the less alone we will feel.

— Liz Blum, 2017

**BIOGRAPHY**

Liz Blum is an independent curator and artist working in Massachusetts. She has curated both locally and in the New York City area with exhibits dedicated to exhibition-making that is deeply rooted in the relationship between intellectual and artistic production. Her recent initiative F L O A T: The Location Of Art Team is a freelance curatorial practice that engages and introduces audiences to pop-up exhibits that work with local communities, established galleries and art institutions. Blum has contributed writing to On Contemplation, ELSE The Journal of International Art, Literature, Theory and Creative Media Transart Institute 2016, Photographic Powers, Aalto University/Aalto ARTS Books, Helsinki, Finland. Her work may be viewed through online registries such as NURTUREart, Pierogi Flat Files, in Brooklyn, NY, and at her website at lizcooperblum.com.
CHECKLIST

AMY ARCHAMBAULT
YOU CAN SURVIVE…, 2017
Sketchbook reproductions
8 x 10 inches
YOU CAN SURVIVE…, 2017
Mixed media
40 x 20 x 12 inches
PLEASE TAKE YOUR SEAT, 2017
Mixed media
6 x 3 x 4 feet
Courtesy of the artist

INGRID BURRINGTON
THE CENTER FOR MISSED
CONNECTIONS, 2009-2011
Poster
18 x 24 inches
THE CENTER FOR MISSED
CONNECTIONS, 2009-2011
Field books
4 x 5 inches
Courtesy of curator

MOLLY DILWORTH
FLAG STATE 8 (RED), 2014
Recycled sails
55 x 72 inches
FLAG STATE 9 (RED), 2014
Recycled sails
55 x 72 inches
Courtesy of the artist

SANDRA ERBACHER
DICE, 2016
Archival inkjet print
20 x 25 inches
Courtesy of the artist
CALENDAR, 2016
Archival inkjet print
20 x 25 inches
Courtesy of the artist
FAN (CONCRETE POETRY), 2014
Archival inkjet print
43 x 60 inches
Courtesy of GRIN Gallery, Providence, RI

CTRL + ALT + DEL, 2015
Archival inkjet print
22 x 42 inches
Courtesy of GRIN Gallery, Providence, RI

WILL GILL
NO MAN’S LAND, 2014
Single channel video
2:26
Courtesy of the artist

SUSANNA HERTRICH
Digital print on canvas, beechwood, paint, hooks, cord
39 x 47 inches
Courtesy of the artist

DAMIEN HOAR DE GALVAN
FEAR, GUILT, ANXIETY, FRUSTRATION, ANGER AND HAPPINESS, 2008-2017
Mixed media installation
Dimensions variable
SOMETHING COULD HAPPEN AT ANY MOMENT, 2010-2017
Mixed media installation
Dimensions variable
Courtesy of the artist

STEVE LOCKE
A PARTIAL LIST OF UNARMED AFRI-CAN-AMERICANS WHO WERE KILLED BY POLICE OR WHO DIED IN POLICE CUSTODY DURING MY SABBATICAL FROM MASSACHUSETTS COLLEGE OF ART AND DESIGN 2014 – 2015, 2016
Vinyl text, latex paint
Dimensions variable
A DREAM, 2016
Neon, glass, wires
14 x 38 x 8 inches
Courtesy of Samson Projects, Boston, MA

NICOLE MALOOF
AN EXERCISE IN PARANOIA (A), 2015
Ink & watercolor pencil on digital inkjet print
26 x 20 inches

AN EXERCISE IN PARANOIA (B), 2015
Ink & watercolor pencil on digital inkjet print
26 x 20 inches
THE STUFF DREAMS ARE MADE OF, 2016
Crayon and acrylic on polypropylene
60 x 72 inches
Courtesy of the artist

LAUREN McCARTHY
FOLLOWER, 2016
Single channel video
1:55
FOLLOWER, I WANT TO BE SEEN JUST FOR ONE DAY, 2016
Digital inkjet print
5.5 x 11 inches
FOLLOWER, I COULD REALLY BENEFIT FROM A LITTLE EXTRA SUPPORT, 2016
Digital inkjet prints
5.5 x 11 & 14 x 17 inches
FOLLOWER, BECAUSE YOU’LL ENJOY ME, 2016
Digital inkjet prints
14 x 17 inches
FOLLOWER, I WANT TO TELL A STORY WITH NO WORDS, 2016
Digital inkjet prints
14 x 17 inches
Courtesy of the artist

TABITHA SOREN
RUNNING, ELIZABETH, 2012
C-print
28 x 36 inches
RUNNING, JOHN, 2012
C-print
28 x 36 inches
RUNNING, DAVE, 2012
C-print
36 x 46 inches
RUNNING, LAURA, 2012
C-print
36 x 46 inches

Cover: Lauren McCarthy, Follower, 2016

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